

HELP FOR HANDS

COLD



In winter months cold and dry air means drier hands as water evaporates from the epidermis quicker. Use of a hand cream can both provide protection and help insulate the skin, locking the moisture in.

HOT



Washing with hot water can remove essential oils from the hands adding to their dryness. Reduce the temperature of the water from hot to warm to reduce the amount of moisture lost on hand washing. Combat the dryness by using Trixo-lind® regularly.

SOAP



Even the kindest soaps can dry hands out. Leaving excess soap on the hands through minimal rinsing can cause the hands to dry and become irritated. Increase the amount of time spent rinsing the hands to remove all soap residue.

TOWELS

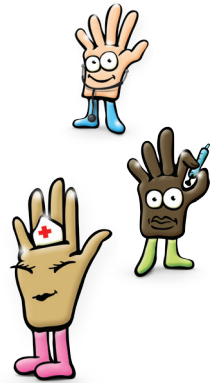


Heavy abrasion against the skin can irritate and inflame dry skin. Avoid excessive rubbing of the hands with towels. Pat-dry wet hands and dry carefully between the fingers with a clean, soft paper towel.

GLOVES



Applying gloves to wet hands can irritate the skin and cause dryness. Always dry hands thoroughly before donning gloves. Check with your occupational health team if irritation continues.



Effective prevention and treatment can help your hands to retain their natural moisture and ensure they are in best condition. For more information contact your B. Braun local representative.