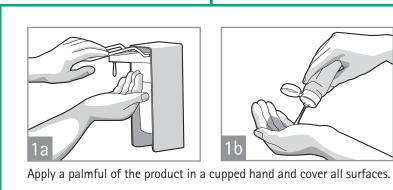
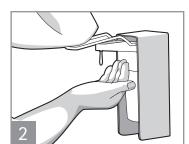


## **HOW TO HANDRUB?**



## **HOW TO HANDWASH?**





Apply enough soap to cover all hand surfaces



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

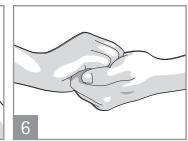


Rub hands palm to palm



Right palm over left dorsum with Palm to palm with fingers interlaced fi ngers and vice versa interlaced





Backs of fi ngers to opposing palms with fi ngers interlocked



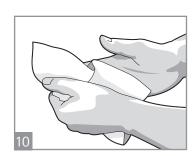
Rotational rubbing of left thumb clasped in right palm and vice versa







Rinse hands with water

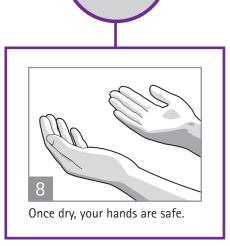


Dry thoroughly with a single use towel



40 - 60 Sec

According to WHO Guideline



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